



# The Need for Dedicated Microbiology Leadership in the Clinical Microbiology Laboratory

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**ABSTRACT** Clinical microbiology laboratories play a crucial role in patient care using traditional and innovative diagnostics. Challenges faced by laboratories include emerging pathogens, rapidly evolving technologies, health care-acquired infections, antibiotic-resistant organisms, and diverse patient populations. Despite these challenges, many clinical microbiology laboratories in the United States are not directed by doctoral level microbiology-trained individuals with sufficient time dedicated to laboratory leadership. The manuscript highlights the need for medical microbiology laboratory directors with appropriate training and qualifications.

# LEADERSHIP IN A FULL-SERVICE CLINICAL MICROBIOLOGY LABORATORY IN THE UNITED STATES: NEEDS AND CHALLENGES

Ilinical microbiology is an essential subspecialty within laboratory medicine. It supports a wide range of clinical services, from infectious disease diagnosis and treatment, to infection prevention and control and antimicrobial stewardship, and thus contributes directly to patient care, policy, and practice at individual, institutional, and community levels (1-3). For the individual patient, the clinical microbiology laboratory's main task is to detect and identify pathogens from clinical specimens and, where applicable, characterize the associated antimicrobial susceptibility profiles. As rates of resistance to antimicrobial agents continue to escalate, clinicians increasingly rely on the clinical microbiology laboratory to navigate the spectrum of constantly evolving resistance mechanisms and aid in identifying specific therapeutics that can treat their patient's infection (4, 5). At the institutional level, the clinical microbiology laboratory plays a significant role in quality metrics regarding antimicrobial stewardship and the detection, control, and prevention of health care-acquired infections (HAIs). The ability of the microbiology laboratory to impact institutional performance in these areas has been well established and has taken on added significance in light of recent global disasters such as the coronavirus disease 2019 (COVID-19) pandemic and the spread of multidrug-resistant microorganisms (6-8). Finally, the clinical microbiology laboratory makes essential contributions at the community level by partnering with public health departments to aid in detection of disease outbreaks and to communicate cases of reportable diseases, in order to minimize the impact of infectious diseases in the community (9, 10).

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The services provided by the clinical microbiology laboratory vary by the size and needs of the associated health care institution(s). For the purposes of the manuscript, a full-service clinical microbiology laboratory is defined as one which provides an array of low, moderate, and high complexity testing for identification and characterization of bacteria, mycobacteria, fungi, viruses, and/or parasites to support the care of patients. A full-service clinical microbiology laboratory employs a range of testing methodologies for pathogen detection and analysis, and is instrumental in implementing new technologies to improve patient care. Methodologies employed by a full-service clinical microbiology laboratory may include microscopy, culture, serology, proteomic analysis (e.g., mass spectrometry), and nucleic acid-based tests. Full-service laboratories are not limited to large academic centers or commercial entities but also serve community hospitals and large integrated health care systems.

The scope and complexity of a full-service clinical microbiology laboratory make it logical and necessary for health care institutions to recruit a trained, doctoral-level medical microbiologist to be at the helm, making evidence-based decisions to meet the needs of the patients, institution, and community (9, 11, 12). Often, these full-service clinical microbiology laboratories lack a dedicated director with adequate time, resources, and/or training to accomplish his or her roles in a satisfactory manner. In these settings, leadership decisions are commonly delegated to laboratory technologists, laboratory supervisors, and operations managers, who are focused primarily on the technical and administrative aspects of the laboratory rather than unmet medical and scientific needs. Unfortunately, recent challenges in U.S. health care, combined with declining reimbursement rates for microbiology services, have exacerbated this situation by contributing to the erroneous view that medical microbiology leadership position(s) are a luxury within laboratories.

Given the complexity of the full-service clinical microbiology laboratory and the challenges faced in providing optimal patient care, the authors and supporting organizations of this manuscript fervently advocate that full service clinical microbiology laboratories be directed by medical microbiologists, and that these individuals be allotted sufficient professional time to provide laboratory oversight and maintain professional competence. The manuscript serves as a resource to medical microbiologists for demonstrating their value, and to laboratory leadership for justifying the hire of dedicated medical microbiologists.

## **DEFINITION, ROLES, AND VALUE OF THE MEDICAL MICROBIOLOGIST**

In order to demonstrate the value that a dedicated medical microbiologist provides to the health care system, it is first necessary to define the position and outline the roles that individuals in the position serve. Medical microbiologists are defined here as doctoral-level scientists or physicians who have received specialized training in medical microbiology. There are several routes to acquiring this training, and these are detailed below in the section entitled "Recommended Qualifications for Medical Microbiologists."

Medical microbiologists serve multiple essential roles across eight generalizable areas of health care (13–17). These are listed in Table 1 and detailed below in the context of the value that the medical microbiologist brings with each of the roles. Value can be difficult to define when considering only the benefit to the laboratory, as the position does not lend itself to supplemental billing or generation of the relative value units (RVUs) used in the U.S. Medicare reimbursement formula for services (18). Furthermore, there are no studies comparing patient outcomes, incremental revenue, or cost savings from laboratories with and without medical microbiologist leadership. However, numerous benefits can be identified, along with concrete examples, when expanding the analysis to encompass the value provided to the entire health care system relative to the investment required. Thus, this is the framework in which the value of the medical microbiologist is best described. These benefits and representative examples are described below.

TABLE 1 Roles of the medical microbiologist

Role	Values <sup>a</sup>
Clinical consultation	Provides guidance on test selection and appropriate specimen collection
	Assists with interpretation of test and antimicrobial susceptibility results
Scientific oversight and vision	Monitors developments in the field to ensure that laboratory testing meets current needs (e.g., emergence of
	novel antimicrobial resistance factors, syndromes and/or pathogens)
Test evaluation, verification,	Evaluates and verifies clinical utility and performance of FDA cleared/approved laboratory tests in the local setting
implementation, and oversight	Establishes impact of testing options and algorithms on patient care
	Ensures that test results are reported in an accurate and clear manner, with addition of appropriate interpretative quidance as applicable
	Ensures cost effective selection and implementation of tests
	Creates protocols for laboratory testing practices
	Develops test menus and guidelines for optimal laboratory test utilization in collaboration with clinical colleagues
	Establishes and monitors quality indicators to ensure maintenance of test performance standards after implementation
	Selects and evaluates external laboratories to which specimens are referred for testing
	Monitors referral lab testing to ensure appropriate use
Test modification, development and validation	Validates performance of off-label usage of FDA-approved/cleared assays
	Develops and validates laboratory developed tests as required to support the populations served by the laboratory
Regulatory and administrative oversight	Ensures compliance with regulatory/accrediting bodies (e.g., CMS, Joint Commission, CAP)
	Establishes and enforces safe laboratory practices
	Complies with institutional guidelines (e.g., Institutional Review Board, Biosafety committee)
Institutional leadership	Represents the laboratory on institutional committees, including infection prevention and control, and antimicrobial stewardship
	Serves on ad hoc committees in outbreak settings (e.g., outbreaks of Ebola virus infection, pandemic influenza)
Education	Trains residents and fellows from pathology, infectious diseases, pharmacy and other relevant specialties in the field of clinical microbiology
	Provides education to physicians, nurses and allied health staff on appropriate specimen collection, test utilization and interpretation
	Communicates test updates to the local healthcare system
Research	Participates in clinically relevant research; examples may include (i) evaluating test performance in comparative and outcome studies, (ii) assessing cost-benefit and clinical impact of testing protocols, and (iii) contributing to the development of best-practice guidelines

<sup>&</sup>lt;sup>o</sup>CAP, College of American Pathologists; CMS, Centers for Medicare and Medicaid Services; CLIA, Clinical Laboratory Improvement Amendments; FDA, United States Food and Drug Administration.

Clinical consultation. First and foremost, medical microbiologists support patient care through the provision of clinical consults to guide appropriate laboratory test selection, interpret test results, and aid in the selection of therapeutic options. The National Academy of Medicine Report on Improving Diagnosis in Health Care in 2015 recommended that the diagnostic process should be a team-based approach that includes appropriately trained laboratory professionals (19, 20). In this setting, the medical microbiologist, as the subject matter expert, is an essential part of the diagnostic management team (21). Unlike other members of the clinical microbiology laboratory, medical microbiologists have the training and experience to unravel the complex factors that impact laboratory results and interpret results in the context of the individual patient. For example, the medical microbiologist can review a sputum bacteriology culture result and interpret the findings for the clinical team in the context of the accompanying Gram stain, other laboratory test results, radiologic imaging findings, and the patient's clinical history.

Positive outcomes from medical microbiologist consultation have been well documented in the literature. Prime examples include increased appropriate antimicrobial treatment, reduced time to appropriate therapy, maintained compliance with practice guidelines, deescalation of unnecessary antimicrobial therapies, lowered antibiotic costs, and reduced number of overall intensive care unit (ICU) bed days (2, 22–24). Medical microbiologist consultation is particularly important when antimicrobial susceptibility test (AST) results do not meet expected patterns. For example, some *Enterobacterales* can express a combination of porin mutations, efflux pumps, and other resistance mechanisms that mimic carbapenemase expression, which could lead to the use of less effective and potentially toxic antibiotics. Medical microbiologists

with the appropriate knowledge and tools can correctly evaluate the AST results and communicate their interpretation to the clinical teams to facilitate effective therapy (25); in contrast, this expertise is not possessed by most medical laboratory scientists, laboratory supervisory staff, or physicians.

The Infectious Disease Society of America (IDSA) specifically recognizes the value of medical microbiologists in their guidelines for antimicrobial stewardship, in which they state that a comprehensive stewardship program "requires a medical microbiologist as a core member of the team." They further indicate that this multidisciplinary team could reduce antibiotic usage significantly (22 to 36%), resulting in significant annual cost savings (\$200,000 to \$900,000) to institutions both at the community and academic level (26). Given the potential complexity of antimicrobial susceptibility testing and result interpretation, it is unsurprising that surveys of infectious disease physicians indicate the perception of quality for laboratory results is greatest when the laboratory is directed by a dedicated qualified individual (27).

Another important example of how clinical consultation by a medical microbiologist can measurably improve patient care and decrease health care costs is through guiding optimal test utilization (i.e., diagnostic stewardship). Laboratory test menus and testing guidelines have become increasingly complex and many ordering providers struggle to keep up with advances in laboratory medicine. Furthermore, patient expectations, today's risk-averse climate, and a desire to decrease the need for multiple return visits may place pressure on the provider to order excessive diagnostic testing. Combined, these factors may result in overutilization, underutilization, or misutilization of laboratory testing. Overutilization of laboratory testing not only increases the cost of care, but may also negatively impact the positive and negative predictive value of individual tests when they are ordered in low-prevalence settings in which there is a low pretest probability of disease (28). Alternatively, underutilization is estimated to occur in up to 55% of common disorders across laboratory medicine, and can also negatively impact patient care and length of stay (28, 29). Finally, test misutilization may occur when an incorrect laboratory test is ordered instead of a correct test. Multiple national and international quality guidelines, including the Choosing Wisely initiative (https:// www.choosingwisely.org/), provide evidence-driven recommendations for optimal test utilization. Medical microbiologists play an important role in contributing to, interpreting, disseminating, and enforcing these guidelines in their practice. Test utilization and creation of diagnostic testing algorithms is discussed in greater detail below under "Test evaluation, verification, implementation, and oversight."

**Scientific oversight.** Another key area in which medical microbiologists provide substantial value is in monitoring developments in the field and adapting their laboratory practices to meet patient, institutional, and societal needs. Appropriate adaptations may include creation of new or modified testing algorithms in collaboration with other members of the clinical care team, incorporation of new testing options (see "Test evaluation, verification, implementation, and oversight" below), changes to laboratory reports, and addition of new quality assurance practices. This level of oversight requires an engaged and dedicated medical microbiologist who maintains expertise in the field and is committed to lifelong learning.

In the setting where diagnostic algorithms often need to be tailored to meet diverse local needs, the cost of having professional expertise onsite is dwarfed by the potential impact on patient care and savings realized by the institution. Medical microbiologists Pinsky and Hayden recently published a comprehensive review of cost-effective testing for respiratory viruses, and how optimal testing strategies varied by the patient population, types of testing, and turnaround time needed for desired outcomes (30). Results of an observational case-control study of inpatients highlighted by this report found that positive results of rapid respiratory virus testing (including direct fluorescence antigen and nucleic acid amplification tests) were associated with increased appropriate antiviral use, less antibacterial use, significant reductions in the duration of hospitalization, and cost savings to the health care institution. These types of studies are generally conducted

by medical microbiologists in partnership with other clinicians, as they require a high-level evaluation of laboratory testing in the context of the entire health care setting and not just the clinical microbiology laboratory. Similar studies have been conducted by medical microbiologists to demonstrate the utility of newer, multiplex, nucleic acid amplification "syndromic" panels, such as those used for detecting upper and lower respiratory tract infections, gastrointestinal infections, meningitis/encephalitis, and bloodstream infections. These expensive panels can provide significant value to patient care, but only when used judiciously as part of clinical testing algorithms (31–33).

The value of medical microbiologist oversight has been especially highlighted by recent outbreaks of novel and emerging pathogens, such as 2009 H1N1 influenza virus, Ebola virus, Zika virus, and severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). Outbreaks of previously unknown pathogens pose extraordinary challenges to the clinical microbiology laboratory and require rapid decision making by laboratory leaders (34, 35). In particular, the emergence of a recent novel pathogen, SARS-CoV-2, necessitated a rapid, scientifically driven review of sparse and sometimes conflicting data in order to design safe specimen collection, transportation, and testing processes. Many high-level scientific issues had to be addressed on an ongoing basis throughout the pandemic, such as whether to report PCR cycle threshold  $(C_7)$  values to predict patient infectivity and outcomes, use alternative specimen types not typically accepted by the clinical microbiology laboratory (e.g., saliva for detection of respiratory pathogens), produce testing supplies (e.g., viral transport medium) in-house, and adopt nonstandard practices such as pooled patient specimen testing (36). These evaluations required a level of knowledge and experience generally found at the medical microbiologist level, and not usually present at the medical laboratory scientist and supervisor levels (37).

The future of clinical microbiology will continue to bring new pathogens and pandemics, and there will be many new technologies and platforms that need to be carefully considered for use in patient care. Examples on the horizon include the use of the microbiome and host immune response profiles to diagnose and characterize infectious and noninfectious disorders (38). The challenges associated with new approaches such as these are many, including a lack of standardized protocols and interpretive criteria. This further emphasizes the need for medical microbiologists to take the lead in the evaluation, development, implementation, and utilization of these technologies for patient care (39).

**Test evaluation, verification, implementation, and oversight.** A central responsibility of the medical microbiologist is to continuously evaluate the suitability and performance of testing methodologies to ensure that the laboratory's test menu meets the clinical needs of the health care institution. As new methodologies and discoveries become available, medical microbiologists must evaluate them in the context of the existing laboratory practice and determine if new tests and technologies should be verified and implemented for patient care (see section on "Scientific oversight" above) (40–42). Laboratory tests have an entire life cycle, from the initial evaluation to verification, implementation, ongoing oversight and, finally, retirement. Each component may present multiple challenges and should be overseen by a medical microbiologist.

When considering new tests, medical microbiologists must periodically evaluate the laboratory's referral (i.e., "send-out") testing menu to determine if testing is appropriate for the population being served. Although referral testing provides patient access to essential tests that are not available locally, such testing could be a significant financial burden to the health care institution, particularly when not used judiciously. The laboratory is responsible for all testing that is performed for their patients, including tests performed at outside laboratories, and therefore laboratory leadership must review the quality and medical necessity of referral testing. In some situations, it may be beneficial to bring a test in-house for the benefit of the patients, even if it is not financially beneficial for the laboratory. Medical microbiologists receive extensive clinical training that allows them to evaluate the impact of a

new test to the clinical practice while considering the costs and benefits to the laboratory and the institution (43).

The next step in the test life cycle after new test evaluation is verification. The laboratory must be able to reproduce the test's performance characteristics, as determined by the manufacturer, including accuracy, precision, reportable range, and reference range. A well-designed verification process can detect important test limitations that may impact patient care. For example, medical microbiologists discovered that an FDA-cleared automated susceptibility platform failed to reliably detect inducible clindamycin resistance in a *Staphylococcus aureus* isolate. This failure could have had potentially fatal consequences, but was detected by medical microbiologists when performing in-depth instrument verification (44).

Following successful test verification studies, the test can be implemented in the laboratory. This step can be complex and requires a full understanding of laboratory workflows and patient care needs. While some tests can be easily implemented into the routine workflow, others require high-level oversight and planning. For example, "total laboratory automation" (TLA) is arguably the future for culture-based microbiology testing, and provides numerous gains in efficiencies and standardization in the clinical laboratory (45, 46). However, it presents numerous challenges, including adaptation to local testing practices, successful integration of hardware and software and, significantly, a seven-figure price tag for an entire TLA system. Implementation of multifaceted, capital-intensive platforms such as TLA systems may not provide the expected return on investment unless overseen by medical microbiologists who can adapt the technology to best serve patient needs (47).

When planning the test implementation, the medical microbiologist must simultaneously consider how the new test will be incorporated into new and existing diagnostic testing algorithms. The level of knowledge and experience provided by the medical microbiologist is essential for successful implementation, as lack of adequate medical oversight can negatively impact patient care. This has been observed recently in regard to rapid multiplex molecular platforms marketed for their ease of use—but having limitations of which medical laboratory scientists and medical providers may not be adequately aware because they are not described in package inserts (48-51). One commercially available multiplex molecular meningitis platform was recently noted to produce as many false positives as true positives for some analytes, while also demonstrating a significant lack of sensitivity for other analytes (52). If implemented by a laboratory, the medical microbiologist must determine how the multiplex molecular meningitis platform would be used in concert with other laboratory tests to overcome its observed limitations. Others have noted that failure to appropriately utilize and incorporate novel platforms into diagnostic algorithms tailored to institutional needs can impose a significant financial burden on the institution and limit their impact on patient care (40, 53, 54). Mercuro et al. showed that failure to align the use of multiplex molecular panels with appropriate clinical interventions negated the benefits of the platform (53). Medical microbiologists can effectively collaborate with clinical and pharmacy colleagues so that novel technologies are used in a cost-effective manner that improves patient outcomes. Studies have shown that such partnerships can result in the reduction of health care costs (>\$1,000,000 to \$2,000,000) far beyond what could be otherwise achieved by reducing laboratory costs and personnel alone (55-58). Simple approaches spearheaded by medical microbiologists, such as incorporating educational and interpretative comments into laboratory reports, have also been shown to positively impact patient care and reduce unnecessary antibiotic usage (59, 60).

Once testing is live, the medical microbiologist must continuously review test performance, ongoing quality metrics, and how test results correlate clinically. There are many things that can go wrong during testing in the preanalytical, analytical, and post-analytical stages. In the United States, the CLIA (Clinical Laboratory Improvement Amendments) laboratory director is ultimately responsible for the results produced by

the laboratory (61). While the laboratory director may also serve as the medical microbiologist, larger laboratories usually have a number of doctoral-level scientists and physicians in charge of sections of the laboratory. In this situation, it is essential to have an experienced and knowledgeable medical microbiologist at the helm of the clinical microbiology laboratory. There are numerous instances in the literature in which medical microbiologists detected errors in the test process that could have led to patient harm. For example, it is well known that some automated commercial instruments will misidentify certain bacteria and/or produce inaccurate antimicrobial susceptibility results (62, 63). Similarly, newer technologies such as matrix-assisted laser desorption ionization-time of flight mass spectrometry (MALDI-TOF MS) and 16S rRNA gene sequencing misidentify certain microorganisms (63, 64). In one dramatic example, misidentification of Brucella melitensis as Ochrobactrum anthropi by MALDI-TOF MS led to failure to timely detect infection and resulted in the dangerous exposure of laboratory staff to Brucella (64). By keeping current with the science and published literature, onsite medical microbiologists can recognize important situations such as this and ensure that additional testing is safely and rapidly performed.

The last stage in the test life cycle is test retirement. It can be challenging to retire a test, particularly when there is a cohort of providers who routinely order it. Thus, the medical microbiologist may need to make the case for retirement based on widely recognized guidelines and patient outcomes data. Theel and colleagues examined commercial and Medicare medical claims data from Optum Labs (Cambridge, MA) to evaluate test misutilization of Helicobacter pylori serology (65). Although guidelines from major professional organizations state that H. pylori serology should be largely avoided due to its poor clinical performance characteristics, the authors found that serologic testing remained the most common test for evaluation of H. pylori infection, indicating there was poor provider adherence to the published guidelines. Importantly, they calculated that the use of serology with its poor positive predictive value may have resulted in the misdiagnosis and inappropriate treatment of approximately 7,500 individuals. The lead author, a medical microbiologist, ultimately used these data to justify retiring the H. pylori serology test. This type of medical microbiologist leadership is essential for addressing an issue at the overall health care level, rather than simply at the individual laboratory level.

**Test development and validation.** Through ongoing scientific oversight in the field (see section on "Scientific oversight" above), medical microbiologists may determine that novel tests, or modified versions of commercially available tests, are needed for providing optimal patient care. In this situation, the medical microbiologist may choose to modify an existing test to address a patient care need (e.g., by adding an additional specimen source to an FDA-cleared/approved test) or develop and validate a novel test within the laboratory (i.e., laboratory-developed tests; LDTs). Both strategies require a significant amount of expertise and scientific knowledge to accomplish, beyond what is usually available by bench level technologists and supervisors.

While modifying an existing commercial assay may seem relatively straightforward, important pitfalls can occur if sufficient medical oversight is not provided. For example, some specimen types, collection devices, and specimen transport media are not suitable for use with commercial assays, as they may provide indeterminate or inaccurate results. An important example of this scenario was described by Bachmann and colleagues in 2009 when reviewing the use of nucleic acid amplification tests (NAATs) for detection of *Neisseria gonorrhoeae* in nongenital specimens (66). These authors noted that some widely used NAATs would detect commensal oropharyngeal *Neisseria* species, such as *Neisseria subflava* and *Neisseria cinerae*, and thus potentially produce false-positive results. False-positive gonorrhea results would clearly have important patient care and public health implications.

The design, validation, implementation, and continued oversight of LDTs provide further challenges. Organizations such as the American Society for Microbiology, Infectious Disease Society of American (IDSA), and the College of American Pathology

(CAP) have recognized the critical need for LDTs (67, 68). However, the FDA has cited a number of cases where inappropriately developed or validated LDTs resulted in patient harm and has expressed concerns about the safety and effectiveness of such tests (69). Thus, it is essential for medical microbiologists and other appropriately trained individuals to be actively involved throughout all stages of test design, development, and implementation. Medical microbiologists also play an important role in ensuring correct utilization of LDTs and providing accurate interpretation of results.

The COVID-19 pandemic, in particular, provided a strong case for use of LDTs, as delays in development of commercial testing systems for SARS-COV 2 hindered the pandemic response early on (70). In the absence of commercially available assays for the detection of SARS-COV 2, medical microbiologists successfully pushed the FDA to streamline the Emergency Use Authorization (EUA) process to allow them to develop assays for the detection of SARS-COV 2 at institutions across the United States (71). Medical microbiologists played a central role in maintaining COVID-19 testing capacity even when shortages of essential supplies hampered testing efforts. During the peak of the pandemic, patients and providers experienced significant delays (>7 days) in obtaining results from large reference laboratories (72). The local expertise of medical microbiologists was crucial for bringing COVID-19 testing closer to the patient and providing results in a time frame for meaningful interventions to take place. Many institutions without onsite medical microbiologists and the expertise for developing and implementing COVID-19 LDTs struggled to provide the required rapid test development and oversight to be able to implement testing quickly. Further, institutions without medical microbiologists would not have been able to submit FDA EUA applications in a fashion to support the testing need.

Regulatory and administrative oversight. In addition to providing scientific oversight, medical microbiologists are responsible for the regulatory and administrative oversight of the laboratory. In the United States, clinical microbiology laboratories operate under CLIA and undergo annual inspections to ensure that all requirements are satisfactorily met (61). While the laboratory accreditation process is a necessary component in providing human clinical testing, it does not fully assess the laboratory's ability to keep pace with scientific advances. Thus, medical microbiologists play an essential role in building upon minimum accreditation requirements to incorporate quality measures that reflect the state of the science. An example of this process occurred through a multicenter collaboration of medical microbiologists in which a baseline for Gram stain error rates was established in the absence of other available performance standards. This collaboration allowed laboratories to measure their performance against their peers and improve their practices accordingly (73). Medical microbiologists are able to combine technical expertise with the clinical knowledge required to assess the significance and impact of laboratory errors and the measures needed to address them.

**Institutional leadership.** The sections above provide numerous examples of how medical microbiologists take on key leadership roles within institutions, working in collaboration with other health care providers to optimize test utilization, create algorithms for clinical care, and modify practices to meet the challenges posed by emerging pathogens, syndromes, and antimicrobial-resistance patterns.

Another specific example of essential leadership provided by medical microbiologists is in preventing and controlling health care-associated infections (HAIs) by partnering with other institutional stakeholders. Risk mitigation supported by dedicated, onsite medical microbiologists is increasingly important in today's modern health care system. In 2014, the Centers for Medicare and Medicaid Services (CMS) implemented a program to provide an incentive for the reduction of HAIs by penalizing hospitals that failed to control rates of HAIs (74). These HAIs are primarily defined by laboratory results and include infections with methicillin-resistant *Staphylococcus aureus* and *Clostridioides difficile*, as well as catheter-associated urinary tract infections (CAUTI) and central line-associated bloodstream infections (CLABSI). CMS planned to accomplish

their goals by reducing Medicare reimbursements by 1% for organizations that fall into the lower 25<sup>th</sup> percentile when scored using a system based on incidence of HAIs (74). For large institutions, this can translate to millions of dollars annually; in 2016, CMS penalized 769 hospitals for failing to meet HAI goals, at a total of \$430 million in associated penalties (75). Medical microbiologists serve as key members of institutional taskforces for the reduction of CAUTI, CLABSI, and *C. difficile* by providing recommendations on optimal testing strategies and advising on the impact of changes in testing practices. When medical microbiologist leadership is lacking, hospital administrators and nonmicrobiologist laboratorians may take inappropriate approaches to microbiology testing in order to bring their hospital performance in line with their peers (76). CMS noted that these strategies not only falsely appear to improve institutional performance, but have the potential to cause serious harm to patients (77).

Most recently, medical microbiologists were key members of institutional pandemic response teams that directed testing strategies during the COVID-19 pandemic. They worked with other health care providers to assess the balance of risk, benefit, and costs for various testing options and select the most appropriate testing algorithms for their patients.

**Education and research.** The last two major roles played by the microbiology microbiologist are in providing medical education and conducting patient-centered research. Medical microbiologists provide immeasurable value in training the next generations of laboratory technologists and physicians, and in providing ongoing education to their colleagues. Medical microbiologists are ideally situated to monitor the state of the science, distill the information into relevant, easily digestible segments, and then deliver that information to different audiences. They also participate in clinically relevant research to evaluate test performance, guide testing protocols, and define best practices. In many cases, grant-and industry-sponsored research also provides an important source of revenue to the institution. The ability of a laboratory to support this breadth and depth of continuing education and scholarly activity depends heavily on the presence of dedicated medical microbiologists.

#### RECOMMENDED QUALIFICATIONS FOR MEDICAL MICROBIOLOGISTS

Given the multitude of responsibilities provided by medical microbiologists, it is essential that these individuals received adequate training and preparation for their duties as laboratory directors. In the United States, the qualifications of laboratory directors are determined by CMS through the Clinical Laboratory Improvement Amendments (CLIA). Specifically, part 493, subpart M outlines the requirements for personnel performing nonwaived testing (61). Among the various qualifications, a director of a laboratory that performs high-complexity testing must hold a doctoral degree in medicine, osteopathy, or a chemical, physical, biological, or clinical laboratory science, and meet additional training and licensure requirements.

The three most commonly chosen routes for obtaining these qualifications in the United States are the following: (i) for a physician to complete a residency in anatomic and/or clinical pathology (3 to 4 years) with an optional 1-year fellowship in medical microbiology; (ii) for a physician to complete a residency in internal medicine or pediatrics (3 years) followed by fellowships in infectious diseases (2 to 3 years) and in medical microbiology (1 year); or (iii) for a doctoral scientist or physician to complete a 2-year fellowship in medical microbiology. There are two types of accredited fellowships that are available in the United States. The postgraduate programs in medical and public health accredited by the Committee on Postdoctoral Educational Programs (CPEP: https://www.asm.org/index.php/about-cpep) are available to individuals with doctoral level degrees (Ph.D., M. D., or D.O.) and take 2 years for completion. A 1-year Accreditation Council for Graduate Medical Education (ACGME) fellowship is available to those who have completed medical residency in anatomic and/or clinical pathology, internal medicine, or pediatrics, with the latter two residencies followed by an infectious diseases fellowship. The accreditation exams that can be taken at the end of each these fellowships are (i) the American Board

of Medical Microbiology (ABMM) (https://www.asm.org/index.php/abmm-about) or (ii) the American Board of Pathology which offers board certification in Medical Microbiology (http://www.abpath.org/index.php/to-become-certified/requirements-for-certification?id=45) only for graduates of the above-described 1-year ACGME fellowship training. These fellowships and the following certification are highly recommended for microbiology laboratory directors of full-service clinical microbiology laboratories, but may not be required provided that specialized microbiology training and a thorough understanding of the complex regulatory systems, such as the Clinical Laboratory Improvement Amendments that govern clinical laboratories, have been obtained through a combination of prior training and experience. Regardless of the route taken, the most important outcome of the training is that the individual(s) have the necessary skills and that a full time equivalent (FTE) is available to provide oversight of a high-complexity microbiology laboratory and deliver comprehensive consultative clinical services toward the care of the patient.

Other developed countries have similar requirements for accreditation of clinical microbiologists. The Union of European Medical Specialties (UEMS) recognizes medical microbiology as a separate specialty and the European Society of Clinical Microbiology and Infectious Diseases (ESCMID) has strongly endorsed the pivotal role of locally based medical microbiologists as part of integrated health care teams (9, 11, 12). This view is also shared among both clinical and medical microbiology communities within Canada, which recognize the discipline of clinical microbiology as a separate and unique skill set within the laboratory community and as a dedicated medical specialty. To be considered a Medical Microbiologist in Canada, a person must be certified as a Fellow of the Canadian College of Microbiologists (CCM), a certification which shares reciprocity with the ABMM and requires training either in accredited CCM/CPEP programs or in Royal College of Physicians and Surgeons of Canada (FRCPC) microbiology residency programs (http://www.ccm.ca/certifications/fccm/).

### **CONCLUDING REMARKS**

There is a clear need for medical microbiologist leadership in full-service clinical microbiology laboratories. According to the American Hospital Association, there were 925 hospitals in 2017 with 300 or more beds, and 523 hospitals with 400 or more beds (http://www.aha.org). Many of these hospitals and networks have grown in size over recent years and serve increasingly diverse and complex patient populations, making it essential that these laboratories have adequate leadership by appropriately trained individuals. The commitment to ensure that medical microbiologists are part of the standard of care serves to improve health care and encourage continued development of the field at this time of increasing drug resistance, rapid expansion of testing technologies, and regular occurrence of novel pathogens and pandemics.

It is with the noted support of The American Society for Microbiology (ASM), Infectious Diseases Society of America (IDSA), American Association of Clinical Chemistry (AACC), Pan American Society for Clinical Microbiology (PASCV) and the Society of Infectious Disease Pharmacists (SIDP) that we conclude the following:

- Full-service clinical microbiology laboratories should have at least one dedicated, full-time medical microbiologist, and the individuals selected to fill this position should have appropriate qualifications and training.
- 2. The leadership of full-service clinical microbiology laboratories should not be delegated on an ad hoc basis to directors who are unable to dedicate adequate time to this position.
- 3. Medical microbiology directors significantly impact health care at the patient, institutional, and community levels. The value brought by the medical microbiologist must not be considered only in the context of billable services, but must account for contributions made to the entire health care system.
- 4. Health care institutions must consider the laboratory workload, test menu complexity, patient complexity, teaching/research commitments, and geographic

area served by the laboratory when determining the number of medical microbiologists needed to lead the clinical microbiology laboratory.

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